



'There's No Such Thing As A Silly Question'

The SA Edition of 'There's No Such Thing As A Silly Question' has been produced by the **Children, Youth & Women's Health Service** and published by the **Women's & Children's Hospital Foundation**.

The publication includes sections such as: 'Where do I begin?', 'Going into Hospital', 'Who Will Help Us in the Community', and 'How to Give Life Balance'. There is also a handy glossary and lists of publications, resources and services included.

The publication, adapted from a Victorian book by the same name and produced by InterACT, has been tailored for South Australian families through the support of a team of

health professionals coordinated by Anna Malden, Chronic/Complex Care Discharge Clinical Practice Consultant, Patient Flow at the Women's & Children's Hospital.

Introduction

"The aim of this book is to assist parents of children with chronic illness, disability, mental illness, or a life-threatening illness to find their way around the medical and community systems. The book will help parents identify and access the help and support they think is appropriate for them, their child and their family.

It also aims to provide insight into how parents can care for themselves and their families at a time when personal resources may be stretched to the limit. There are many resources available that address parenting, care issues and services available to families. The information presented here aims to sit alongside a range of other resources available.

It is not intended that this book be read from cover to cover, rather it is meant to be a resource book to be kept and referred to when needed."

(an extract from SA 1st Edition of 'There's No Such Thing As A Silly Question', Introduction, p 2)



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